Mt. Southington Loop

Includes Portions of Laurel Club Training Routes

Cum Mileage	Incr Mileage	Turn	Street Name	Comment
0.0	Begin	LT	Brooksvale Ave	
0.6	0.6	LT	Mt Sanford	
1.2	0.6	LT	So. Brooksvale	
1.9	0.7	Str	Merge with Rt 42	
2.3	0.4	LT	Mountain Rd	
5.1	2.8	LT	Rt 70	Caution heavy traffic
5.3	0.2	RT	Moss Farm Rd	
6.8	1.5	LT	Jarvis Rd	
7.3	0.5	RT	Marion Rd	
9.2	1.9	Str	X Route 322	Becomes Marion Ave
9.9	0.7	LT	Mt Vernon Rd	
10.0	0.1	RT	Continue Mt Vernon which becomes Lake Ave in Bristol	Pass Southington Ski area 0.6 miles, Pass Lake Compounce at 4.6 mi
16.6	6.6	TA	Turnaround at Middle Street (Rt 229) Back track on Lake Avenue (Note:original Laurel ride followed Rt 229 past ESPN)	Lake Ave becomes Mt Vernon Rd at Lake Compounce when we return to Southington (Note:The ride backtracks because Rt 229 too busy in Bristol)
20.2	3.6	LT	Jude Lane	Cross over to West Street (Route 229)
21.7	1.5	RT	West Street (Rt 229)	Possible rest stopsee below
21.7	0.0	15 min Rest Stop	West St & Jude Lane	Convenience Store, Pizza Shops, Subway, and Dunkin Donuts on Left
23.0	1.3	RT	West Main Street	Immediate LT at traffic light before I-84
23.1	0.1	LT	Atwater St	Becomes Canal Street (can pick up bike path off Atwater, ends on Canal Street))
24.8	1.7	Str	X Route 322	Canal becomes Peck Lane in Cheshire
25.4	0.6	Str	X West Johnson	Continue on Peck Lane
26.6	1.2	RT	Continue Peck Lane	Peck Lane goes right at intersection
28.6	2.0	RT	Rt 70	
28.9	0.3	LT	Mountain Rd	LT at first traffic light
30.0	1.1	LT	Cornwall Ave	
30.8	0.8	RT	Enter bike path	
33.7	2.9	Str	X Mt Sanford, enter Hamden	_
34.0	0.3	RT	Bike Path to Access Brooksvale Park	
34.3	0.3	end	Brooksvale South Lot	

Terms

RT right turn X Cross LT left turn Str straight

TA turn around