Ride Name:			Guilford-Hammonassett	Directions to start:				
Ride Rating:):	RI	CPL, I 95 Exit 59, Guilford				
Ride L	_eader	:						
Ride I	Date:							
Section 1					Section 2			
Delta	Miles	Turn	Instruction	Delta	Miles	Turn	Instruction	
	0.0	L	Out of CPL onto Goose Lane	12.5	13.4	S *	Cross Hamm. Connector	
1.1	1.1	L *	Becomes Nut Plains Rd				Becomes River Rd	
1.7	2.8	R *	North Madison Rd	0.5	13.9	L *	River Rd	
			Becomes Bradley Corners Rd	0.6	14.5	L	River Rd	
3.3	6.1	R *	Opening Hill Rd	0.6	15.1	S **	Straight at stop sign	
0.9	7.0	L *	Overbrook Rd	0.1	15.2	X	Route 1 - follow dirt path to	
0.5			Colonial Rd				Hamm. St. Pk. entrance road	
0.6			Warpas Rd	0.2			Onto park entrance road	
1.5	9.6	S	Copse Rd	0.7	16.1	R	At rotary - to West Beach	
0.3			Copse Rd (X Green Hill Rd)	0.3	16.4	L	Parking/picnic area	
1.2			Woodland Rd				LUNCH / REGROUP	
0.3	11.4	S **	At light					
0.1	11.5	L	Yankee Peddler Path					
0.9	12.4	R *	Scotland Ave					
0.1	12.5	L	New Rd					
			Next turn at 13.4 miles					
* - Sto	p Sign	1	R/L - Right/Left Turn	UH/DI	l - Upl	nill/Do	wnhill	
` '	top Lig		RE/LE - R/L at End of Road	NS - No Sign for Street Name				
S - Str	_		RF/LF - Right/Left at Fork					
X - Cross Road BR/BL - Bear Right/Left								
Section 3					Section 4			
Delta	Miles		Instruction	Delta	Miles		Instruction	
0.0			Return to Rt 1 via park road	1.1			l 95 entrance road	
1.7			Onto Route 1 West	0.1			Mungertown Rd	
0.1			Signal Hill	0.1	23.1		Nortontown Rd	
0.5			Route 1 onto Liberty St	0.9			Opening Hill Rd	
0.4	19.1	L	Waterbury Rd	1.9			Blinnshed Rd	
			Becomes Middle Beach Rd	0.8			At fork to Squaw Rd	
1.4			Middle Beach Rd West	0.4			Podunk Rd	
0.4			West Wharf Rd	0.5	27.6	R *	Murray Rd	
0.4			Route 1 East				Becomes Clapboard Hill Rd	
0.1			Britton Rd	1.6	29.2	X	Goose Lane into CPL	
0.1			Copse Rd					
0.3	21.8	L	Fort Path Rd					
			Next turn at 22.9 miles					