

Ride Name: Ride Rating: RI Ride Leader: Ride Date:				Directions to start: CPL, Route 9 Exit 3, Essex			
Section 1				Section 2			
Delta	Miles	Turn	Instruction	Delta	Miles	Turn	Instruction
	0.0	R	Rte 154 N / Middlesex Tpke		12.0	Retn	Main St ... to 1-way section
0.1	0.1	S **	Rte 154 N / Middlesex Tpke	0.1	12.1	R	Ferry St
0.6	0.7	S **	Rte 602/Main St (Centerbrook)	0.1	12.2	L	Pratt St
1.4	2.1	BR	Route 602 / North Main St	0.2	12.4	L	North Main St
			Becomes Warsaw St	0.0	12.4	BR	Ar'd "monument" to West Ave
1.8	3.9	R *	Route 80 / Elm St	0.8	13.2	L **	Route 154 South
1.7	5.6	X *	Cross Union St, cont. on Rt 80				@sign "District of Otter Cove":
0.2	5.8	X **	Cross Route 154	1.8	15.0	L	Otter Cove Dr
0.2	6.0	R	High St	0.2	15.2	BR	Continue on Otter Cove Dr
0.3	6.3	L *	Essex St	0.1	15.3	BL	Continue on Otter Cove Dr
1.0	7.3	L *	River Rd	0.3	15.6	BL	Continue on Otter Cove Dr
4.1	11.4	BL	North Main St	0.1	15.7	BR	Continue on Otter Cove Dr
0.2	11.6	L	Around "monument" onto	0.3	16.0	BR	Continue on Otter Cove Dr
			Main St in town of Essex	0.5	16.5	BL	Continue on Otter Cove Dr
0.4	12.0	Stop	Town dock	0.2	16.7	S	Ayers Point Rd
			<i>REGROUP</i>	0.4	17.1	L *	Essex Rd
							<i>Next turn at 18.0 miles</i>
* - Stop Sign (*) - Stop Light S - Straight X - Cross Road			R/L - Right/Left Turn RE/LE - R/L at End of Road RF/LF - Right/Left at Fork BR/BL - Bear Right/Left	UH/DH - Uphill/Downhill NS - No Sign for Street Name			
Section 3				Section 4			
Delta	Miles	Turn	Instruction	Delta	Miles	Turn	Instruction
0.9	18.0	R *	Ferry Rd	2.5	25.7	L *	Route 154 / Maple Ave
0.1	18.1	---	<i>Baldwin Bridge (toilets)</i>	1.8	27.5	L *	Boston Post Rd
1.2	19.3	S *	Route 1	0.2	27.7	L **	Route 1 W / Boston Post Rd
0.7	20.0	L **	Route 1 W / Boston Post Rd	0.2	27.9	L **	Old Post Rd
0.4	20.4	L **	Rte 154/Main St Old Saybrook	0.7	28.6	S **	Schoolhouse Rd
			Becomes College St	2.9	31.5	R	Route 153 / Westbrook Rd
1.6	22.0	L	North Cove Rd	2.1	33.6	S **	Becomes Plains Rd
0.3	22.3	L	<i>LUNCH at small park</i>	1.0	34.6	R **	Route 154 South
		L	Continue on North Cove Rd	0.1	34.7	L	CPL
0.4	22.7	R	Cromwell Pl				
0.3	23.0	L *	Route 154 / College St				
			<i>Park on left (toilets)</i>				
0.2	23.2	R *	Route 154 / Bridge St				
			<i>Next turn at 25.7 miles</i>				