

Southern Connecticut Cycle Club Rider List and Release

Ride Name: _____ Ride Leader: _____ Date: _____

Attention Ride Leaders! All participants must sign this form.

Before you begin your ride:

1. Introduce yourself and your co-leader (if you have one) to the group.
2. Tell the group that anyone who hasn't signed the release is not on the ride.
3. Go over the rules of the road.
4. Ask if there any questions.

Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement

In consideration of being permitted to participate in any way in Southern Connecticut Cycle Club ("SCCC") sponsored bicycling activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin: 1. **Acknowledge**, agree, and represent that I understand the nature of Bicycling Activity and that I am qualified to participate in such Activity. I further acknowledge that the activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity. 2. **Fully understand that: (a) Bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death ("Risks");** (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the "Releasees" names below; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and **I fully accept and assume all such risks and all responsibility for losses, costs, and damages** I incur as a result of my participation in the Activity. 3. **Hereby release, discharge, covenant not to sue, and agree to indemnify and save hold harmless the SCCC**, its respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and if applicable, owners and leasers of premises on which the Activity takes place, (each considered one of the "Releasees" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "Releasees" or otherwise, including negligent rescue operation. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect. **Parent or Guardian of a Minor:** I as parent or guardian of the below named minor, hereby give my permission for my child or ward to participate in the Activity, and further agree, individually and on behalf of my child or ward, to the terms of the above.

	Name (Please Print)	Phone Number	License Plate	Club Member?	Participant's Signature (Parent or Guardian if named person is under 18 years of age)
1					I have read this release
2					I have read this release
3					I have read this release
4					I have read this release
5					I have read this release
6					I have read this release
7					I have read this release
8					I have read this release
9					I have read this release
10					I have read this release
11					I have read this release
12					I have read this release

**Southern Connecticut Cycle Club Rider List and Release
Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement**

Ride Name: _____ Ride Leader: _____ Date: _____

I have read the agreement on the attached page, fully understand its terms, understand that I have given up substantial rights by signing it, have signed it freely without any inducement or assurance of any nature, intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law, and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect. Parent or Guardian of a minor: I as Parent or guardian of the below named minor, hereby give permission for my child or ward to participate in the activity, and further agree, individually and on behalf of my child or ward to the terms above.

	Name (Please Print)	Phone Number	License Plate	Club Member?	Participant's Signature (Parent or Guardian if named person is under 18 years of age)
13					I have read this release
14					I have read this release
15					I have read this release
16					I have read this release
17					I have read this release
18					I have read this release
19					I have read this release
20					I have read this release
21					I have read this release
22					I have read this release
23					I have read this release
24					I have read this release
25					I have read this release
26					I have read this release
27					I have read this release
28					I have read this release
29					I have read this release
30					I have read this release
31					I have read this release
32					I have read this release
33					I have read this release

SCCC Ride Planner

Interested in leading a ride? Here's our easy worksheet to help you plan it. Send the completed form to the Ride Coordinator responsible for the Ride Type. The form must be received prior to the deadline announced in the newsletter. Thanks for helping us provide a full schedule to rides.

Ride Date: _____ Ride Name: _____ Start Time: _____

Start Location and Directions: _____

Ride Description: _____

Lunch (Buy, Bring, Other): _____

Directions (if needed): _____

Distance: _____ Ride Category: _____ Ride Terrain: _____ Ride Style: _____ Max Average Speed: _____

Ride Leader: _____ Telephone: _____

Co- Leader: _____ Telephone: _____
